

### TLIF2010 Apply Fatigue Management - short course

**Nominal Hours: 30**

#### Course Description

This unit involves the skills and knowledge required to apply fatigue management strategies within the transport and logistics industry.

It includes:

- identifying and acting on signs of fatigue and
- implementing appropriate strategies to minimise fatigue during work activities, in particular when operating equipment, trains, vehicles, load shifting equipment, marine vessels and aircraft.

Work is undertaken in compliance with relevant legislation, regulations, codes and guidelines.

Work is performed under some supervision generally within a team environment.

*No licensing, legislative or certification requirements apply to this course at the time of publication.*



#### Units of competency in this course

If a participant completes all requirements of the course, they will receive a nationally recognised Statement of Attainment for the following units:

TLIF2010 Apply fatigue management



#### Cost

Please contact our office for current pricing.



#### Duration

This course is conducted in the afternoon from 12.00 – 4.00 pm.



#### Do you need to bring Personal Protective Equipment?

Yes. Participants will need to provide: ankle-high steel cap boots, long-sleeved hi-vis shirt or vest with an X on the back and H/goal-posts on the front, long pants, a hard hat, safety glasses and gloves.



#### Will I need to undertake work placement?

No. This short course does not require work placement.



### What are the Entry Requirements?

Participants must:

- already hold the following unit of competency, or an equivalent unit, prior to enrolling:
  - TLIF0020 Safely access the rail corridor

### Language, Literacy and Numeracy

If a participant is deemed, prior to enrolment or throughout the training, to possess a lower level of language, literacy or numeracy than the minimum required for this course, Go-Train Industry Pty Ltd will provide advice and support regarding further learning options.

At times, further language or literacy development or remedial assistance may be required prior to the continuation or completion of the student's course of study. The cost of this further LLN development or remedial assistance must be covered by the participant or employer.

### What Next?

#### Before training:

1. Participants need a **Unique Student Identifier (USI) Number** to study within Australia. A USI gives people access to an online record of training completed since January 2015. Participants who do not currently have a USI must obtain one before attending training at Go Train Industry. **Please visit [www.usi.gov.au](http://www.usi.gov.au) to obtain a USI.** Participants need to provide Go Train with their USI number as we cannot issue a certificate until the USI is verified.
2. To secure a spot in the course participants need to enrol and pay for the course prior to commencement of training.
3. Participants should refer to our website if they think they may be eligible to apply for RPL or Credit Transfer.
4. If a participant is unable to attend, they must contact Go Train as soon as possible. If less than 48 hours' notice of cancellation is provided, Go Train are unable to refund any fees paid.



### On the day of training:

1. Bring Photo ID - Preferably a driver's licence showing full name, date of birth and address.
2. **Participants must wear covered in shoes.** Please note that we have a **NO THONGS** policy and individuals will be sent home unless the correct footwear is worn.
3. Course fees must already be paid in full before attending each stage.



### After Assessment:

- Statement of Attainment** - On successful completion, participants will receive a nationally recognised Statement of Attainment.
2. **Rail Industry Work (RIW) Card** - Participants need to update their Rail Industry Work (RIW) Card after the training. Updating the RIW is the participant's or their employer's responsibility. Please refer to the <https://www.riw.net.au/> website for further information.

### At the course

1. When participants attend training, they will be asked to sign a Training Attendance Sheet. Signing the attendance sheet is an acknowledgement that they have read and understood this Pre-Training Information prior to attending the course.
2. This course will be delivered in a classroom environment by a qualified and experienced Rail Trainer.
3. All learning materials will be provided to participants.
4. Theory and practical assessments will be conducted for each of the units throughout the course.

### Locations

Please contact our office on 1300 698 158 to confirm delivery dates and to enrol.

*Participants are responsible for any travel to practical locations, their meals and lodgings throughout the course.*

#### Newcastle NSW

Suite 6,  
26 Balook Drive.  
Beresfield NSW 2322

#### Salisbury Qld.

Building 9B,  
87 Fairlie Tce.  
Salisbury QLD 4107

#### Kensington Vic.

105 Bakehouse Rd.  
Kensington VIC 3031

#### Participant's workplace

We can come to you.  
Contact us for group bookings.

#### Fine Print

Please refer to our Student Handbook located on our website:

[www.gotrain.com.au](http://www.gotrain.com.au)

for further information regarding participant rights and obligations as a student of Go-Train Industry Pty Ltd.

#### To ensure a participant leaves with the most up to date qualification

If during or after enrolment, the course in which participants are enrolled is updated in line with national industry standards, Go Train reserve the right to transition participants into an alternate course. If this becomes necessary, we will advise participants of the change and the arrangements which will be available to complete the alternate course.

## Training Plan

Day	Unit	Description	Assessments
1	TLIF2010 Apply fatigue management	<p>This unit involves the skills and knowledge required to apply fatigue management strategies within the transport and logistics industry.</p> <p>It includes identifying and acting on signs of fatigue and implementing appropriate strategies to minimise fatigue during work activities, in particular when operating equipment, trains, vehicles, load shifting equipment, marine vessels and aircraft.</p> <p>Work is undertaken in compliance with relevant legislation, regulations, codes and guidelines.</p> <p>Work is performed under some supervision generally within a team environment.</p>	Written and Practical Assessment

**To enrol please contact our office on 1300 698 158**